

## PREVIEW WORKSHOP

# Leader & Team Strengths Workshop

*A strategic, strengths-based reset that transforms how your team communicates, collaborates, and solves problems.*

*“Leave with a shared team identity and a 90-day integration plan.”*

## WHAT LEADERS CAN EXPECT

- ✓ A shared language for strengths
- ✓ Reduced friction and clearer communication
- ✓ A team identity rooted in strengths
- ✓ Practical collaboration agreements
- ✓ A 90-day integration plan

### FORMAT

Half-day or full-day intensive • in-person or virtual • designed for intact teams.

### OUTCOME

A team operating from a shared strengths language with a tangible 90-day plan.

## INSIDE THE WORKSHOP

# What's Included

*Components, tools, and worksheets your team will work through together.*

## Workshop Components

- 01 Strengths Foundations
- 02 Individual Strengths Discovery
- 03 Strengths Pairing
- 04 Team Strengths Grid
- 05 Team Dynamics Reset
- 06 Collaboration Blueprint

## Tools & Worksheets

- Strengths Pattern Mapping
- Strengths Story Worksheet
- Partnership Map
- Overuse / Underuse Reflection

*“Each worksheet is formatted for clarity, ease of use, and psychological safety.”*

## DESIGNED FOR

### INTACT LEADERSHIP & CROSS-FUNCTIONAL TEAMS

Best for teams of 4–12 ready to move from individual contribution to shared identity, with leaders willing to model the work themselves.

## TWO FORMATS

# Sample Agenda

*Choose the depth that fits your team — both formats deliver a complete arc.*

**HALF-DAY · 4 HOURS****Focused Reset**

- 01** Welcome & Safety Agreements
- 02** Strengths Foundations
- 03** Individual Discovery
- 04** Strengths Pairing
- 05** Team Strengths Grid
- 06** Team Dynamics Reset
- 07** Collaboration Blueprint

**FULL-DAY · 8 HOURS****Deep Integration**

- 01** All Half-Day components
- 02** Extended discovery
- 03** Lunch break
- 04** Deeper dynamics redesign
- 05** Team Promise + Integration Plan

*Half-Day agenda sourced from Module 2.2 · Full-Day agenda sourced from Module 2.1.*

*Ready to bring this to your team? This mini preview is a sample of the full Leader & Team Strengths Workshop.*